

ROTARY CLUB OF OCEAN GROVE
Serving the Southern Bellarine

Inc. Assn. A 0013584 X
ABN: 13 501 173 192



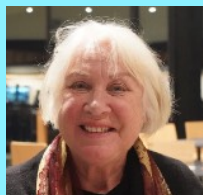
Meeting Roster

Date	Topic	Chairperson	Greeter/Thanker	Happy/Sad \$	Raffle	Birthdays/Anniversaries
August 6th	Peter Byrne - Olympic Basketballer	Janet Alexander	Rod Bush	Martin Geerings	Wal Kelly	8/8 Carol Birrell, Penny Broome. 12/8 Beth Eustace
August 13th	Meredith O'Neill - short Quiz	Paul Bewster	N/R	Graeme Batrouney	Rod Greer	16/8 Delia Naumann, 18/8 Geoff Chandler, Nick and Helen Lascaris
August 20th	Janette Hanley-Heath - Kinship Carers	Gordon King	Lyndy Stagg	Gil Morgan	Marita Scott	22/8 Judy & Rod Greer, 23/8 Trish Emselle, 24/8 Jenny Schmidt, 26/8 Marg & Hamish Campbell

Our Club

President

Secretary



Meredith O'Neill

Rod Bush

Where: We will meet each Tuesday at the **Ocean Grove Bowling Club**



When: 6pm for 6:30pm
Visitors are Welcome

Our Major Sponsors:



Meeting enquiries or apologies:
Janice Nation - 0417 332 742
Web: rotaryoceangrove.org.au

We acknowledge the traditional First Nation custodians of country throughout Victoria and their ongoing connection to this land. We pay our respects to their culture and their Elders, past, present and emerging.

Meeting - July 30th

Chairperson: Frank Rice

Guest Speakers: Dr. David Brumley - Compassionate Hearts
John Grant - inducted as a new member

Reports:

John Grant was inducted as a new member. John is an Aircraft Engineer (Retired)



Graeme Batrouney, John Grant, President Meredith O'Neill

- **Footy Tipping: Adrian Schmidt** won this week. Geoff Chandler leads the competition.

- **Footy Gates: Peter Cullen.** More manpower is needed for this good fund-raising fun activity. See Peter.

- **Playground demolition** has been successful. **Rod Greer** thanked all who have been involved.

- **Paul Brewster** showed a video explaining the relationship between Rotary clubs and The Rotary foundation



Paul Brewster

Monthly **Theme: July - Maternal and Child Health Month**



Past bulletins

- Available from our website (rotaryoceangrove.org.au) via the 'Our Club' menu.

Contacts

Market: 0401 606 036

Art Show: 0417 319 465.

Wisdom for the Week

Motivation is a fire from within. If someone else tries to light that fire under you, chances are it will burn very briefly

One liners ...

- If the USA is so great, then why did someone make a USB?
- What do you call a French man wearing sandals? Philippe Fallop.
- Dogs don't operate MRI machines. But catscan.
- I saw a sign that said "watch for children" and I thought, "That sounds like a fair trade".
- I asked my North Korean friend how it was there, he said he couldn't complain. t
- There's 2 types of people in the world, those who can extrapolate from incomplete data

Links

Rotary International: www.rotary.org

Rotary District 9780: www.rotary9780.org

Rotary Foundation:

www.rotaryfoundationaustralia.org.au

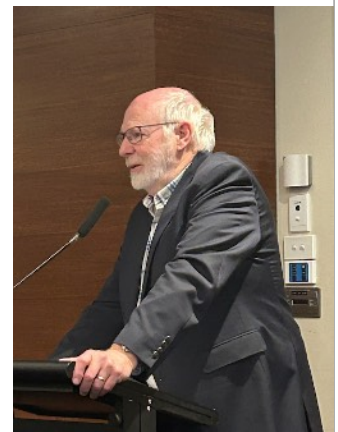
Footy Tipping: www.footytips.com.au

Facebook: <https://www.facebook.com/RotaryOG>

Instagram: [#rotarycluboceangrove](https://www.instagram.com/rotarycluboceangrove)

Guest speaker: Dr. David Brumley.

David was a foundation member of Compassionate Hearts on the Bellarine. Originally a General Practitioner, David has been working as a Palliative Care Physician for more than 25 years, for most of this time as the Medical Director of Ballarat Hospice Care and as the Clinical Director of the Grampians Regional Palliative Care Service.



Dr David Brumley

He is now living and working in the Geelong area, providing care at Epworth Geelong and in-home care on the Bellarine Peninsula. His main interest is in patient care, but he also works for the development of palliative care in the Asia-Pacific and enjoys teaching. He is a life member and current Board Member of Palliative Care Victoria and has been awarded the OAM for his work.

He became aware of the disparity that existed in this area when compared to other areas in terms of health care. For example, when a baby is born they are closely monitored, cared for and all relevant info is recorded. In the early days, this was certainly not the case when a patient was dying.

Current practices are much better, with patients in final life stages being treated with care and respect. But there is still a gap in terms of patient care and how they wish to be treated during this time.

Treatment at home is now a viable option and it is in this area that Compassionate Hearts on the Bellarine provides support. They have a coordinated volunteer program to work with families in this difficult time, providing guidance in a wide range of areas. David stressed the importance of everyone completing an Advanced Care Plan and ensure that family members are aware of its existence and intention. It's a legal document and a copy should be lodged with your GP. **We have included a copy with this bulletin.**

Compassionate Hearts on the Bellarine is very well respected for their work [they won the Volunteer Organisation section of our Club's Community awards this year]

An event is to be held at the Leopold Community Hub to promote discussion of this important area. A poster is included later in this bulletin.

President's Report:

- Strategic Plan 2024-27 and Annual Action Plans - The draft plans are available for consultation in the member section of the Club website. The Board will be taking feedback prior to the Board meeting on 13 August. Please email Meredith or other Board members if you would like to provide feedback.
- There are Annual Action plans for Social Committee, Fundraising, International Service, Youth Service, Vocational Service,

Please remember:

You receive an email each week asking about your attendance at the next meeting - **please respond when you get it**

Members Activities - Check your allocation and inform the appropriate person if you cannot make it.

Lookout Maintenance Roster:

Contact Noel Emselle

4 August 2024	Peter Cullen
18 August 2024	Delia Naumann
1 September 2024	Gary Willson
15 September 2024	Heather Willson
29 September 2024	Maz Walton
13 October 2024	Judy/Rod Greer
27 October 2024	Alex Magee

15 on me: Contact Rod Bush

Penny Broome - Sep 3

I'll chat with members about availability and add names here as I get willing participants

100 Trees Maintenance Roster:
Contact Noel Emselle

August:

Where you can use your OGBA voucher:
Driftwood Cafe, OG Cellars, Ian Pattison Jewellers, Piping Hot Chicken Shop, Viewpoint Digital Media, OG Bar, Wardrobe by the Sea, Bellarine Eye care, Bay IT, Bells by the Beach, Laminar, OG Hardware, OG NewsXPress, Pavilion Property, Ocean Eyes, OG Super Toys, Covenant Wine Bar, Roche Accounting, Bakers Delight

Community Service and Environment Projects. All budget figures in these plans are estimates and are subject to Board approval. Committee members are asked to check the plan for their Service Area and speak to their Committee Chairperson if they feel there are important projects or programs that have been left out or reported incorrectly. These annual plans are work in progress and can be adjusted during the year.

- Our Strategic Plan includes a goal to 'Build Community Connectedness and provide support to individuals and groups when needed'. There is a strategy to 'Develop co-operative relationships and consultation arrangements with local councils, community associations and land and resource management authorities who have responsibilities in our area'. Noel Emselle and his committee have developed a comprehensive plan showing our links with seven authorities or groups who are involved with land and resource management. Our club can contribute to our community through having our voice listened to, and if invited a seat at the table.
- Ocean Grove Park: Our club has been notified that the Ocean Grove Park Committee are planning to prepare a new masterplan for the park for the next 20 years and that user groups will have the opportunity to provide input. Our club intends to be involved in this process.
- Mental Health Information Evening: An informative session is being organised by Geelong West Rotary Club and will be held at Kardinia International College on Monday 12 August at 6.30 pm. Meredith and Andrea are attending and we are encouraging other members to attend. Bookings are through Try Booking.
- Police and Emergency Services.: The Rotary Club of Ocean Grove values the work of the Police and Emergency Services in our Community. Last Saturday Meredith represented our club at the CFA Presentation evening. We acknowledge the contribution to the CFA of our members Martin Geerings and Greg Leece.
- Palliative Care Support: The Rotary Club of Ocean Grove recognises the valuable work done by Oncology teams, doctors, palliative care nurses, personal carers and volunteers from Compassionate Hearts. We acknowledge the professional contribution of Marita Scott to the work of Compassionate Hearts.
- Rotary Leadership Institute (RLI): Our club will be encouraging members to participate in the District RLI program. District RLI dates are still to be finalised.

Mental Health Forum:

R C Geelong West is putting together an information evening that we are asking all Rotarians and families to support. At the 2024 Rotary Conference the message from Rotary in the District was that we would try to support mental health advancement and research and the link mental health has to Domestic Violence.

The Forum will be held on Monday 12th August, at the Kardinia International College Auditorium, 6 for 6.30 pm. Cost will be \$20 and proceeds donated to the local youth mental health organisation,

“Read the Play”. Please save the date. Tickets can be obtained via TryBooking at:
<https://www.trybooking.com/CTPSS>

Or use the QR code opposite



Say no to Family violence:

We have the date of the Introduction to Family Violence online training (funded by DSS grants for Rotarians, family and friends) Thursday 22nd August 2pm - 5pm online.

Feedback from previous training that Rotarians attended was that it was very informative, easy to follow and ensured we have a greater understanding of what is Family Violence and how to respond appropriately.

This training is open to family and friends as well. If you are involved in other community groups and would like to promote attendance, please email Annette and discuss (just from a numbers point of view). This is a free event.

The link for tickets is: <https://www.eventbrite.com.au/e/rotary-family-violence-and-sexual-assault-understanding-responding-tickets-813563539447?aff=oddtcreator>

This will be a nice segue into RC Highton’s meeting on the night of August 22nd.

Their guest speaker will be **Bec Wilkin**, Executive Manager, Client Services, Geelong Sexual Assault & Family Violence Centre.

The meeting is at the RSL and you are not obliged to have a meal but registration is necessary via the link so the RSL will know the numbers attending. (It’s RC Highton’s dinner meeting)

Link to register: <https://hightonrotary.com/event/highton-rotary-dinner-meeting-29/>

Thanks - **Andrea**

District Weekly News and Updates: Read this here: <https://rotary9780.org/bulletin/viewsent/25963030-4316-46c6-91d9-6b32c1b9ce16/aa86a339-1a3f-41fa-b6d5-4035c550d05c?mid=KXpMPgfgHISszueBdNBFDRQyl5bamVyjxeY6Mvl8ag8=&type=m>

Next Week: Our guest speaker is **Peter Byrne**, and Australian basketball who will give us an insight into his experiences. To help set the scene and to get into the Olympic spirit, all members are invited to wear something that is **Green/Gold** and/or sport related. Dress codes at the Bowling Club will be ‘relaxed’ to accommodate this !



LET'S HAVE A MOMENT OF SILENCE FOR ALL THOSE WHO ARE STUCK IN TRAFFIC ON THEIR WAY TO THE GYM TO RIDE STATIONARY BICYCLES.

MY KIDS LAUGH BECAUSE THEY THINK I'M CRAZY. I LAUGH BECAUSE THEY DON'T KNOW IT'S HEREDITARY.

I'm best man at my buddy's second wedding... Is it appropriate to open my dinner speech with "Welcome back everyone"

I went to the psychiatrist today. She told me I had a split personality and charged me 160 dollars. I gave her 80 dollars and told her to get the rest from the other idiot.

COMMON SENSE IS LIKE DEODORANT. THE PEOPLE WHO NEED IT MOST NEVER USE IT.

A huge stack of toilet rolls fell on me in the supermarket. I'm ok though, just soft tissue damage.

SURVIVAL TIP:
If you get lost in the woods start talking about politics and someone will show up to argue with you.



WE'RE HELPING PEOPLE TO GET DEAD SET with their final arrangements



JOIN OUR EVENT:

Compassionate Hearts on the Bellarine

Speakers: palliative care, legal, funerals,
carers, spirituality, and more

Leopold Community Hub

August 8th at 2 - 4pm

Free + afternoon tea

Contacts: Pauline Nunan 0417433142

David Brumley 0419574342

