ROTARY CLUB OF OCEAN GROVE

Serving the Southern Bellarine

Inc. Assn. A 0013584 X

ABN: 13 501 173 192



Meeting Roster

Date	Торіс	Chairperson	Greeter/ Thanker	Happy/Sad \$	Raffle	Birthdays/Anniversaries
July 23rd	Lisa Taylor Salvation Army; combined Bell N club meeting	Janice Nation	Andrea Tierney	Jenny Templeton	Nick Lascaris	None
July 30th	Compassionate Hearts - Dr David Brumley					1/8 Gordon & Marian King, 4/8 Hamish Campbell, Coog & Sandy Chamberlain
August 6th	Peter Byrne - Olympic Basketballer		Rod Bush			8/8 Carol Birrell, Penny Broome. 12/8 Beth Eustace

Our Club

President

Secretary





Meredith O'Neill

Rod Bush

Where: We will meet each Tuesday at the Ocean Grove Bowling Club



When: 6pm for 6:30pm Visitors are Welcome

Our Major Sponsors:



Meeting enquiries or apologies: Janice Nation - 0417 332 742 Web: rotaryoceangrove.org.au We acknowledge the traditional First Nation custodians of country throughout Victoria and their ongoing connection to this land. We pay our respects to their culture and their Elders, past, present and emerging.

Meeting - July 16th

Chairperson: Greg Leece

Guests and Guest Speakers:

Cameron Loftus, Finn Corby, Chelsea Hanks, David Hanks,

Rotarian Partners: Jan Brewster, Denise Hibbins

Birthdays: 15/7 Nick Wright; 16/7 Marita & Peter Scott

Footy Tips: Rod Bush currently leading a very close contest! Frank

Rice was this week's winner.

Footy Gates: We start supervising the footy gates at the GDFL grand finals on the weekend of August 24/25 and it runs for the following 3 weekends. The first 2 weekends are both days, the last 2 are Saturday only. A roster was circulated for members to indicate their availability.

Playground dismantling: Rod Greer detailed the groups work from Tuesday morning and asked for assistance with Morning tea on Thursday morning.







Monthly Theme: July - Maternal and Child Health Month



Past bulletins

 Available from our website (rotaryoceangrove.org.au) via the 'Our Club' menu.

Contacts

Market: 0401 606 036 Art Show: 0417 319 465.

Wisdom for the Week

Lessons in life will be repeated until they are learned

One liners ...

- I have kleptomania. But when it gets bad, I take something for it.
- Somebody actually complimented me on my driving today. They left a little note, it said 'Parking Fine.
- I usually meet my girlfriend at 12:59 because I like that one-toone time
- My wife it's difficult to say what she does. She sells seashells on the seashore

Links

Rotary International: www.rotary.org Rotary Foundation:

www.rotaryfoundationaustralia.org.au
Footy Tipping: www.footytips.com.au
Facebook: https://www.facebook.com/
RotaryOG

Instagram: #rotarycluboceangrove

Guests from Barwon Sports Academy (BSA):

The Barwon Sports Academy Inc. provides pathways for aspiring athletes to reach higher goals at State and National levels through development programs, sharing information, ideas and experiences. The BSA is a non-profit organisation which depends significantly on the support of its partners to ensure it can provide ongoing support to promising athletes in the Barwon Region

Cameron Loftus, director of the Barwon Sports Academy, spoke to us about their activities and also their vision for the students under their care and instruction. He interviewed two of their current students - Finn Corby (Tennis) and Chelsea Hanks (Surf Life Saving) about their experiences, hopes and plans.



Cameron Loftus

Chelsea explained what she has achieved so far since she began serious training in the Surf Life Saving area. It's been a lot of hard work along the way with injuries and setbacks. She trains (swims) at least 4 times per week and does other surf related activities. The support she has received from BSA (and her parents) has helped her to work through these times and become a stronger person.



Cameron & Chelsea

Finn has a similar workout regime in that he has a 'hit' multiple times per week and participates at the top level in his chosen sport, Tennis. He also praised the support and instruction provided as part of his involvement with BSA.

Paul Brewster thanked Cameron, Chelsea and Finn for the input, highlighting the fact that the life skills learned at BSA applied in all areas, not just sport. Members were informed about out an upcoming BSA fundraising breakfast and were urged to attend.



Finn Corby

Mental Health Forum:

R C Geelong West is putting together an information evening that we are asking all Rotarians and families to support. At the 2024 Rotary Conference the message from Rotary in the District was that we would try to support mental health advancement and research and the link mental health has to Domestic Violence.

Please remember:

You receive an email each week asking about your attendance at the next meeting - please respond when you get it

Members Activities - Check your allocation and inform the appropriate person if you cannot make it.

Lookout Maintenance Roster:Contact Noel Emselle

TBA

15 on me: Contact Rod Bush

Penny Broome - Sep 3

I'll chat with members about availability and add names here as I get willing participants

100 Trees Maintenance Roster: Contact Noel Emselle

July - Andy McKoy (Leader) Kath Venters, Rod Birrell, David Larkin, Alison George

Where you can use your OGBA voucher:

Driftwood Cafe, OG Cellars, Ian Pattison Jewellers, Piping Hot Chicken Shop, Viewpoint Digital Media, OG Bar, Wardrobe by the Sea, Bellarine Eye care, Bay IT, Bells by the Beach, Laminar, OG Hardware, OG NewsXPress, Pavilion Property, Ocean Eyes, OG Super Toys, Covenant Wine Bar, Roche Accounting, Bakers Delight The Forum will be held on Monday 12th August, at the Kardinia International College Auditorium, 6 for 6.30 pm. Cost will be \$20 and proceeds donated to the local youth mental health organisation, "Read the Play". Please save the date. Ticketing details will be confirmed soon.

Say no to Family violence:

We have the date of the Introduction to Family Violence online training (funded by DSS grants for Rotarians, family and friends) Thursday 22nd August 2pm - 5pm online.

Feedback from previous training that Rotarians attended was that it was very informative, easy to follow and ensured we have a greater understanding of what is Family Violence and how to respond appropriately.

This training is open to family and friends as well. If you are involved in other community groups and would like to promote attendance, please email Annette and discuss (just from a numbers point of view). This is a free event.

The link for tickets is: https://www.eventbrite.com.au/e/rotary-family-violence-and-sexual-assault-understanding-responding-tickets-813563539447?aff=oddtdtcreator

Thanks - Andrea



INSIDE
EVERY
OLDER
PERSON
IS A
YOUNGER
PERSON
WONDERING
WHAT THE
HELL
HAPPENED.

Do you know that awesome feeling when you get into bed, fall right asleep, stay asleep all night and wake up feeling refreshed and ready to take on the day?

Yeah, me neither!









Baby Boomers will get this 🔊 😅 Too Funny!!



